



Open Daily In-Season • Call For Off-Season Hours
All Items and prices are subject to change.

APPETIZERS ★ SHARABLES ★ SNACKS

- PB&J Pork Belly and Shrimp**
Grilled pork belly and NC shrimp with Thai peanut sauce and elderberry jam and toasted on herb focaccia.
- Low Tide Wings**
Crispy fried wings with ginger scallion sauce, house pickled carrots and watermelon radish.
- Crawfish Hushpuppies**
Commeal, crawfish, red onion and sweet corn with remoulade.
- Mussels**
Spinach, bacon, and bleu cheese with NOBB Swan Beach Honey Pale Ale garlic butter cream sauce.
- Peel and Eat Shrimp**
NC shrimp baked in Asian-spiced rock salt with remoulade.
- Fried Green Tomato**
Buttermilk-brined green tomatoes with bacon jam, kimchi-style cabbage and curry/hoisin aioli.
- Brie and Bacon Kettle Chips**
Chef's "Love" spice blend-seasoned chips with creamy brie, bacon, apples and red onion.
- Hot Pretzels**
Two Bavarian-style pretzels with beer cheese dip and New Orleans mustard

SOUPS AND SALADS

- House**
Mixed greens, cucumbers, tomatoes, red onion, carrot, and croutons with house-made Italian dressing.
 - Caesar**
Romaine, parmesan cheese, and croutons.
 - Chopped**
Kale and spinach blend with assorted fruits and veggies.
- *Add a protein to any salad: grilled shrimp, crab meat, or chicken*



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LowTideBarandGrill

SANDWICHES

Served with fires and creole slaw.

- Fish Tacos**
Pan-seared Mahi Mahi with cabbage, pico de gallo, avocado and cumin-lime cream.
- Caribbean Lobster Roll**
Lobster meat, fresh pineapple, mango and pickled jalapeño butter on a grilled split-top bun.
- Fried Chicken Sandwich**
Pickle-brined chicken breast with hickory-smoked bacon and pimento cheese.
- Low Tide Burger**
Brisket and short rib blend with hickory-smoked bacon, cheddar, Low Tide's burger sauce, lettuce, tomato, onion and pickles.

ENTREES

- Fresh Catch**
Fresh and local. Changes daily. Ask your server!
- Crabcakes**
Just three ingredients! Finished with Chef's "Love" seasoning blend and remoulade with seasonal vegetables and roasted potatoes.
- Steak**
12 ounce New York Strip with garlic herb butter, seasonal vegetables and roasted potatoes.
- Shrimp and Grits**
Smoked gouda grits, shrimp, andouille sausage, collards, onions, peppers, fried pork belly and beer cream sauce.
- Ribs**
Smoked, braised, then grilled with Low Tide BBQ Sauce, French fries, creamy Creole slaw.
- Drunken Goat Pasta**
Shrimp, crab and lobster in a white wine cream sauce with fresh herbs and goat cheese.
- Low Tide Chicken**
Grilled BBQ chicken breast, smoked gouda grits and collard greens.

- Crab Legs Nola**
One pound of snow crab legs baked in our Bayou butter with roasted potatoes and seasonal Vegetables.
- Fried Coastal Platter**
Shrimp, scallops, oysters, flounder and clams with French fries and Creole slaw (no substitutions).



Low Country Seafood from the Islands. North, South, East or West, Our menu will satisfy any cravings you have while on your beach vacation. Fresh Local Seafood. House made BBQ. Family dining. Full Bar. Sister restaurant to Cosmo's Pizza.



FRIED SEAFOOD BASKETS

Served with fires and creole slaw.

Choose One:

NC Shrimp | Oysters | Scallops | Flounder

KIDS

- Burger
- Chicken Tenders
- Mac & Cheese
- Fried Fish or Shrimp
- Grilled Cheese
- Hot dog

DESSERTS

- Chocolate Cake
- Key Lime Pie
- Cheesecake
- Surfin' Spoon
Ice cream sandwich

Let Cosmos Pizzeria cater your family's special occasion with its unique mobile Wood-Fired oven brought right to your home or event site.



SEE OUR COUPON IN THE **OUTER BANKS VISITORS GUIDE** OR **GO GUIDE** FOR \$5 OFF \$35 OR MORE PURCHASE!